SESSION 2: FAMILY MUAC

Heather Stobaugh, Action Against Hunger
John Mukisa, World Food Programme
14 DECEMBER 2021
8.00 – 9.30 EST
What is Family MUAC

- An approach that equips caregivers, through **training** and **provision of MUAC tapes**, to detect acute malnutrition in their own children at the **household level by measuring MUAC and edema** themselves.
  - Behavior Change Communication strategy
  - Rapidly growing in acceptance and piloting across the world
  - Primary Objective: Improve earlier detection and treatment of acute malnutrition
  - Other Objectives: Empower mothers, potential increase in coverage of acute malnutrition services
What is the state of evidence?

Rigorous studies:
• Caregivers can measure MUAC and oedema

Operational Pilots
• May lead to earlier referral
• May lead to more frequent screening
• May lead to closer monitoring of child throughout outpatient treatment
What is the state of evidence?

Remaining Questions:
• impact on clinic-level outcomes?
• relative effectiveness and cost-effectiveness of different training models?
• optimal frequency of re-training?
• optimal frequency of screening?
• address lack of available resources? MAM treatment?